

## Abstract

This habilitation thesis, entitled „*Evidence-based Practice in Clinical Psychology Development in Romania*”, summarizes, in the first part, my research work at the Institute of Philosophy and Psychology „Constantin Rădulescu Motru” of the Romanian Academy, after obtaining the PhD in psychology. The second part of my thesis presents the academic career development plan from the point of view of research and teaching.

Through the research I have done, as sole author or co-author/coordinator, I brought a scientific contribution in two Romanian psychological research areas: *clinical psychology* and the *psychology of personality*. In a didactic perspective and practical and applicative plan, I was interested in *educational psychology*.

In the area of *clinical psychology*, my interests were focused primarily on the research of the issue of major depressive disorder and depression associated with various somatic or psychiatric comorbidities (nine books, nine articles ISI, 30 articles BDI, 35 book chapters published).

The practice of evidence-based clinical psychology assumes the utilization of multidisciplinary knowledge and interdisciplinary work teams. Modern studies of clinical psychology integrate the practice based on evidence research in medical decision making regarding patient and performing specific interventions.

At the end of 2015, the book „*Depressive Disorder - New Research Directions*”, published at Romanian Academy Press, in 2013, which I coordinated with PhD A.M. Ciobanu, psychiatrist, was awarded the Romanian Academy Award „Constantin Radulescu Motru”.

I worked in interdisciplinary study teams (psychologists and physicians with various specializations), each specialist bringing added value to the carried out studies by its own expertise. Secondly, I focused on the clinical management of female sexual dysfunction, along with a team of young psychiatrists. In the third place, my studies have sought the understanding of this addictive behaviors (dependency on mobile, TV and ICT) and new social psychopathology. We considered also: social failure of psychiatric patients, the risk of recidivism of offenders with maladaptive personalities and exploring new paradigms regarding social inclusion of those persons.

In the area of the *psychology of personality*, I realized the personality profile of a professional journalist and musician. Psychological evaluation of employee performance is valuable for selection of personnel, which is the field of organizational psychology. My studies focused on career development of young professionals. Also, in this section of psychology I have aimed to highlight psychological factors for road safety risk.

In terms of the teaching, I leaned on the *psychology of education*, discipline I teach the students from the year 2006. My areas of interest were: the use of computers in schools, promoting effective learning techniques (study motivation) and educational counseling (issues of the life of teenagers, violence in school and career choices).

My academic career development plan include various aspects related to clinical psychology. I will continue my interdisciplinary studies in the field (practical and methodological approaches). I have established three goals: to conduct a crosscultural research concerning addictive behaviours studies related to Facebook (our first paper, entitled „*An International Perspective on Facebook Intrusion*”, has been accepted in *Psychiatry Research – IF 2,46*); the development of psychopathology

and clinical psychology studies and promoting clinical psychology researches evidence-based. I will mention two of my future studies that include *practical approaches* (damage assessment of cognitive function in children with neurological disease and a case study concerning psychiatric pathology associated on rare somatic diseases), and *methodological approaches* (examining ethical dilemmas of using intelligence tests in the practice and research).

Promoting clinical psychology research on evidence-based represents a continuation and a development of my past and current interests. More specifically, I am interested in conducting research on: screening and evaluation of the depression associated with oncological diseases; determination of comorbid psychiatric pathology with various somatic diseases; assessment of the processes and mental functions of patients with mental and somatic disorders. I intend to contribute to the advancement of evidence-based clinical practice in Romania and external visibility of Romanian researches which can ensure the research funds.